Meal Name	Contain Allergens	May Contain Allergens
BLTC Egg roll	Egg, Gluten, Milk	Sesame seeds
Bacon cheese egg roll	Egg, Gluten, Milk	Sesame seeds
Bacon egg roll	Egg, Gluten, Milk	Sesame seeds
Bacon roll	Gluten, Milk	Sesame seeds
Baguette fried chicken and cheddar	Celery, Egg, Gluten, Milk, Mustard	Egg, Milk, Sesame seeds
Baguette taco beef and cheese	Gluten, Milk, Soya	Egg, Milk, Sesame seeds, Soya, Sulphur dioxide
Baguette vega BBQ	Gluten, Milk, Mustard, Soya	Egg, Milk, Sesame seeds, Soya, Sulphur dioxide
Breakfast baguette	Egg, Gluten, Milk, Sulphur dioxide	Egg, Milk, Sesame seeds
Caesar salad	Celery, Egg, Fish, Gluten, Milk, Mustard, Soya	Milk, Nuts, Sesame seeds, Soya
Chicken Burger	Gluten, Mustard, Sesame seeds, Soya	Egg, Milk
Chicken tenders (3pc)	Celery, Gluten, Milk	None
Chili cheese tops	Egg, Gluten, Milk	Soya
Continental breakfast (English scrambled egg)	Egg, Gluten, Milk, Soya, Sulphur dioxide	Lupin, Milk, Nuts, Sesame seeds
Egg Dish Ham/Cheese	Celery, Egg, Gluten, Milk, Soya	Lupin, Milk, Nuts, Sesame seeds
Egg and cheese roll	Egg, Gluten, Milk	Sesame seeds
Fish 'n chips	Egg, Fish, Gluten, Mustard, Soya	None
French fries	None	None
Full English with fried eggs	Egg, Gluten, Milk, Soya, Sulphur dioxide	Lupin, Milk, Nuts, Sesame seeds
Hash brown	None	Gluten, Milk
Hotdog deluxe	Celery, Egg, Gluten, Milk, Sesame seeds, Soya	Milk, Mustard, Sulphur dioxide
Hotdog plain	Gluten, Milk, Sesame seeds	Milk, Mustard, Sulphur dioxide
Mozzarella sticks	Egg, Gluten, Milk	Soya
Nordquest Burger	Egg, Gluten, Milk, Mustard, Sesame seeds, Soya	Milk, Peanuts
Pizza Tonno	Fish, Gluten, Milk	Fish, Milk, Mustard, Soya
Pizza margherita	Gluten, Milk, Nuts	Fish, Milk, Mustard, Soya
Pizza pepperoni	Gluten, Milk, Mustard, Soya	Fish, Gluten, Milk, Mustard, Soya, Sulphur dioxide
Pizza prosciutto funghi	Celery, Gluten, Milk, Soya	Fish, Milk, Mustard, Soya
Pizza salami	Gluten, Milk	Fish, Milk, Mustard, Soya
Porridge	Milk	Gluten
Sandwich BLT	Egg, Gluten, Mustard	Egg, Milk, Sesame seeds
Sandwich Tuna	Celery, Egg, Fish, Gluten, Mustard	Egg, Milk, Sesame seeds
Sandwich egg salad	Celery, Egg, Gluten, Mustard, Soya	Egg, Milk, Sesame seeds
Sandwich healthy	Celery, Egg, Gluten, Milk, Mustard, Soya	Egg, Milk, Sesame seeds
Sandwich healthy vega	Egg, Gluten, Milk, Mustard	Egg, Milk, Sesame seeds
Sandwich roastbeef	Egg, Gluten, Soya	Sulphur dioxide

Meal Name	Contain Allergens	May Contain Allergens
Sandwich shrimps and egg	Egg, Gluten, Mustard, Shellfish	Egg, Fish, Milk, Sesame seeds, Sulphur dioxide
Scrambled eggs with bacon and toast	Egg, Gluten, Milk, Soya	Lupin, Milk, Nuts, Sesame seeds
Side salad	Egg, Mustard	Sesame seeds
Skyr bowl	Milk, Sesame seeds	Nuts, Peanuts, Sulphur dioxide
Soup of the day	Gluten	Egg, Milk, Sesame seeds
Springrolls	Celery, Gluten	None
Toasty bacon and cheddar	Gluten, Milk, Soya	Lupin, Milk, Nuts, Sesame seeds
Toasty cheese	Gluten, Milk, Soya	Lupin, Milk, Nuts, Sesame seeds
Toasty ham and cheese	Celery, Gluten, Milk, Soya	Lupin, Milk, Nuts, Sesame seeds
Toasty taco beef and cheese	Gluten, Milk, Soya	Lupin, Milk, Nuts, Sesame seeds
Tuna salad bowl	Celery, Egg, Fish, Mustard	Sesame seeds
Wrap Bacon Egg	Celery, Egg, Gluten, Mustard, Soya	None
Wrap Chicken	Celery, Egg, Gluten, Mustard, Soya	None
Wrap Crispy Chicken	Celery, Gluten, Milk, Mustard	None
Wrap falafel	Gluten	None